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## MAKING UP OF PERSONALITY AND DEVELOPMENT OF THE FUTURE DOCTOR

**Abstract:** The article reveals the peculiarities of professional formation of future doctors in the conditions of educational process in higher medical educational institutions. It analyzes the problems of professional formation of future doctors in modern medical education and the practice at the stage of professional medical education in higher medical educational institutions of Ukraine.

**Key words:** professional development, higher medical institutions, professional training, personality of the future doctor

Introduction: The development of Ukrainian state and new realities of higher education in modern conditions of modernization of higher professional education, expansion of international relations in the Bologna process, strengthening the role of human and spiritual factors in society focus our society on the modern training of a future specialist. This training is related to the improvement of higher education and higher medical institution is extremely important and urgent task such as education and training a physician who is a patriot of his native land.

The problem of professional formation is a key aspect of understanding the place and role of the future doctor in the context of modernization of Ukrainian medical education. Scientific literature is devoted to the problems of higher education and the term of "professional development" is used very widely. The sense of "professional development" can be revealed in comparison with the categories of "development" and "formation". Development is defined as an objective process of internal series of qualitative changes. The development is a natural qualitative change of material and ideal objects.

As a result of professional formation appears a new social integrity. This

integrity lies in two essential points the subordination of all elements of the student activity, professional orientation and continuity, continuity of all periods of professional formation of the future doctor.

Analysis of recent researches and publications. In scientific works of D. Adams, L. Green, G. Kaplan, D. A. Kindig, J. Cohen, T. Edward, E. Faure, M. L. Rive, J. Todd and others are considering the problem of development of professional formation of a doctor.

The beginning of active professional development is a life task of his profession, his personal - semantic "integration" in a common life plan. V. Shadrikov studies the meaning of this process. He writes: "the initial stage of exploration activities is its adoption... the Solution to this question will be determined till we will need this profession. Man, chooses a profession, like "projecting" their motivational structure to the structure of associated factors with professional activities through his needs. The richer needs of the person, the higher the requirements he imposes on the activities, but at the same time he may get more pleasure from work" [4, p.34].

L.P. Pukhovska believes that professional development is a productive process of development and self-development, development of professionally oriented activities, self-realization in the profession, find their place in the world of professions and the self-actualization of their potential can achieve the peak of professionalism [3].

A great contribution to the realization of psychological problems of professional formation and development of personality of the doctor has made by the work of B. A. Yasko. In his works she outlined the main concept of professional and personal development of the doctor as a subject of activity. In the central position is the creation of conditions in a continuous process of professionalization of personality of the specialist. Professional is an essential component of society. Despite this, we cannot say that the development of individuals as subjects of productive activities, as individuals explored in science thoroughly is known. But we need to know about the ways in which people come

to professionalism, to know not only external but also internal, in particular psychological conditions, achieving good results [6].

The purpose of the article – to reveal and analyse aspects of professional formation of future doctors in the conditions of higher medical institutions.

At different stages of scientific research to achieve the goal were used the study regulations, psychological, educational, monographic and reference literature on the problems of medical education of future doctors in higher educational institutions with further analysis, synthesis, and generalization of research materials.

Results. Among the theories that influence the understanding of the process of professional development, we include theory of professional development of Shupera D., theory of needs of Maslow's, theoretical position of Fukuyama, the development stages of personality of E. Erikson and others. On the base of this literature we can conclude that is a "professional" this is a holistic subject, active, free and responsible in the design work and has a creative approach to their activities. Really we can say that professional combines concepts such as "personality" and "master". The process of formation identity is the professionalization [5]. The place of professionalization in individuals' way of life is a stage of career path (career path, biography of labor, career identity). Thus, professionalization is a process of personality development and formation of society, and the evaluation of the productivity of this process is personal and social performance of indicators and development the subject of work [2]. The formation of a professional is a synthesis of capacities, abilities, activity of the individual and the needs of his activities. The basic meaning has such concepts:

- -"manifestation the personality in the profession, in the choice and the mastery of the profession, satisfaction of personal interests;
- "development the personality in activity" that reflects in the formation of professionally oriented qualities of the person (his body and personal qualities), the extension of knowledge of the environment, the development of the forms and content of the subject of communication [3].

Professional development of the individual enriches the psyche, fills the person's life with special meaning, gives the importance to the professional biography. "The process of professional formation is the development of personality in the process of choosing a profession, professional education and training, and productive performance of professional activities. When a person chooses a profession, developing, professionally improving it, his personality is changing it forms experience and develop professionally important qualities. Necessarily they need self-development and the need for professional self-preservation and reality of professional growth" [2, p. 78].

Every profession creates similar interests, attitudes, personality traits and way of behavior. Thus, it is possible to speak about identification of the person with the profession, about the process of personal adaptation to the needs of specific activities. In professional work value orientations form the ways of self-actualization, regulates the way of behavior, dictate special conditions in the professional activity. In the process of professional formation at the stage of studying at the University is determined by the type of professional identity of future doctors forms a dynamic property of the doctor which is connected with the formation and development of personal and professional qualities and the conscious attitude to the chosen profession, which has implications to the professional preparation and professional activities. However, professional development is characterized by a constant needs in self-development, in the transformation of the life and themselves as individuals [6].

Medical work in a process of continuous professional development requires much higher level of personal activity compared to other educational areas. B. A. Yasko identifies the following criteria:

1. Permanent selection - ensures consistent development of the individual stages of professional formation. Each transition is a function of personal choice, which is associated with the adoption of a certain decision, what determines the focus of professional development.

- 2. The expansion of choice in the content. The multilevel principle of construction of educational space naturally implies the increase in the number of alternatives, decisions that are taken by the future doctor about optimal at the moment, the level of professional training.
- 3. The extension of "spheres" and "objects" of professional medical practice. The main and determining factors are: the technical progress and the emergence of a qualitatively new diagnostic and treatment capacity, on the one hand, and the reform processes which are taking place in Ukrainian health care on the other hand. Immeasurably increased the technical value, the so-called "objective" diagnostic tools and treatment. The professionalism of the doctor requires proficiency in computer technologies. There are transformational methods of diagnosis and treatment of many general, surgical, oncological, dental diseases. In other words, one of the regulatory requirements to a specialist is the presence of readiness to excess personal activity in the field of their professional activities.
- 4. A high level of responsibility for the decisions that were taken and results of actions and having as a fixed normative and ethical character.
- 5. The initiative is a professional and personal factor for achieving success in defining the goals, tasks of professional activities and planning and achieving positive results.
- 6. The necessity of formation of psychological readiness to professional activities as a process of continuous multilevel professional education, and directly to the work of the doctor. The formation and development of psychological competence, which determines the specificity of conscious regulation of activity of the subject, is among the important factors contributing to the achievement of the doctor of the levels "master" and "authority", the state of professional and personal adjustment [2, c. 104-106].

Future doctor in the community in medical institutions, forms his personality as a professional. Professional development is a holistic system of social features, allowing public life to function not only in the collective, but also individual form. Under the term of formation usually means a set of techniques and methods of

social impact on the individual, with the goal of establishing his system of certain relations, value orientations, beliefs to educate professionally significant qualities. Predicting you in the future, the student forms himself [3, p. 1].

The term "professional qualities" is interpreted in the scientific literature is very ambiguous. As the success of the activities of a specialist is determined not only by the level of professional knowledge and skills, but also the degree of formation of professionally personal qualities of a specialist, they are those qualities of personality that are designed to ensure a successful start of working life and high production performance".

V. D. Shadrikov calls the "individual qualities of the subject of activities which affecting the efficiency and success of its development, professionally important qualities, including and person's ability [4, p. 66]. The activity is understood in a wide sense — the work of the engineer, workers, educational activities of students, educational and training activities of the doctor, etc. S. Y. Batyshev, highlights a "staircase" formation of the personality level of professional competence, connects it with the formation of such professionally significant for the individual and society qualities that person enable to realize himself in this particular types of work activities" [1, p. 33].

Formation of the future specialist includes the development of his personality. In the education system in the first place can be put the interests of the individual the "Law of education" claims "the humanistic nature of education, priority ... free development of personality" [5]. Therefore, the second criteria of the significance of particular professional qualities of future specialist, we believe its impact on the success of learning activities and the most complete realization of personality.

General requirements for professional formation of future doctors can be formulated in this way. The future doctor needs to have professional knowledge and be convinced of their social appropriateness and utility; to be able to apply them in their professional activities; comprehensively deepen professional knowledge, not only within our country, and the main principles and trends of the

latest international trends of medical education, understanding of the processes of their implementation; be able to skillfully use a full of tools and techniques in the process of solving any issues of a professional nature.

The content of professional formation of future doctors is the system that consists of several structural components, such as knowledge, professional skills, professional values [4]. The organization of professional formation of future doctors is based on the transformation of content and optimization of methods and forms of education, through the integration of practical activities into the curricula of professional development and formation of professional development as organically holistic, optimally functioning and dynamic system.

Conclusion. The modern Ukrainian society is interested in the fact that the educational institutions out of competitive professionals, professionally competent, creative, able to make independent decisions in their professional field, such that they have the knowledge, skills and personal qualities which would be in demand in the labor market and helped the graduates to occupy the professional field and having a self-actualization in it.

Thus, under professionally significant qualities of future doctors as future specialists we understand these qualities which are shown by modern society to the experts, they affect the success of educational activity of future doctor, and give them the opportunity most fully realize itself and provides further professional activity.

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