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PREVALENCE OF PEPTIC ULCER DISEASE IN PATIENTS WITH GOUT

Kuzmina Ganna,

doctor of medical sciences, professor, Dnipro State Medical University

Lazarenko Olha,

Ph.D., assistant, Dnipro State Medical University

Gastric or duodenal ulcer has different etiology and prevalence in rheumatic diseases. Many studies discuss the relationship between peptic ulcer disease and nonsteroidal anti-inflammatory drugs (NSAIDs), corticosteroids, anticoagulants [1-3].

The aim of the study was determine the prevalence of gastric and duodenal ulcers in patients with gout.

Materials and methods. We examined 30 male patients with gout (main group), aged 45 to 65 years (mean age (55.0 (47.0; 63.0)). The comparison group – 30 male patients without gout (mean age 53.0 (46.0; 61.0) years). Patients were representative in terms of age and sex, the average duration of gout was 10.0 (6.0; 9.0) years, and gout was diagnosed according to American College of Rheumatology and the European League Against Rheumatism 2015 [4]. Statistical analysis was performed using the application package "Microsoft Excel 2010" and Statistica 6.1 (StatSoft Inc.).

Results. In patients the main group gastric ulcer was not detected, duodenal ulcer – in 8 (26.7%) patients. The complications of peptic ulcer disease, such as bleeding, perforation, penetration, was not registered in patients. Gastric or peptic ulcer was not registered in patients of the comparison group, and in duodenum – in 2 (6.7%) patients. That is, the prevalence of duodenal ulcer in patients with gout is higher than in those without gout (χ^2 =0.075; p<0.05). It should be noted that patients with gout and duodenal ulcer have the following characteristics in contrast to patients with gout without peptic ulcer disease: older age (63.4 (61.4; 64.7) vs. 55.4 (56.6; 58.2), respectively) longer duration of gout (10.0 (7.0; 8.0) vs. 6.0 (6.5; 7.5), respectively), uncontrolled intake of non-selective NSAIDs, corticosteroids, proton pump inhibitors were not intended.

Conclusions. Patients with gout have a higher incidence of duodenal ulcer than patients without gout. The probable cause may be the duration of gout and uncontrolled intake of NSAIDs and corticosteroids. No case of gastric ulcer was found in patients of both groups.

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